

Purpose – Why is this subject important?

- Our aim is for our children to leave Great Whelnetham C of E Primary School with the knowledge, skills and emotion literacy to be able to play an active, positive and successful role in today's diverse society
- > We want our children to have high aspirations and self-esteem
- Our PSHE curriculum supports children in becoming healthy, independent and responsible citizens in their community
- > PSHE develops children's ability to recognise their feelings and emotions
- Our curriculum develops children's confidence in tackling moral, social and cultural issues that they may experience in their lives
- > Children learn about their rights and responsibilities
- Our children are encouraged to develop their sense of self-worth and self-esteem by contributing within the school community
- > Our curriculum is accessible and inclusive, meeting the needs of all of our pupils

Principles – What are the distinctive ways of knowing, working and learning in this subject?

- We teach our PSHE using the Jigsaw PSHE approach. This means we teach our curriculum in six distinct topics or 'puzzle pieces' each year – Being Me in My World, Celebrating Differences, Healthy Me, Dreams and Goals, Relationships and Changing Me
- There is progression throughout the spiral curriculum and age appropriate key vocabulary is taught and built upon each year
- There are cross curricular links to the wider curriculum, such as computing (E-Safety), science (puberty) and PE (living healthy and active lives)
- Speaking and listening skills are developed through asking and answering questions and building upon others' ideas
- > Resilience is developed and nurtured through the teaching of emotional literacy
- Emphasis is placed on the importance of physical and mental health and children are equipped with the skills and strategies to develop in these areas

Expectations – What does success look like?

- > Children are able to understand and manage their emotions
- Children develop positive and healthy relationships with their peers, both now and in the future
- > Children have positive self-esteem and respect for themselves and others
- > Children are resilient and show perseverance
- Children are on their way to becoming healthy, open-minded, respectful and responsible members of society
- > Children can problem solve and apply problem solving strategies to real-life situations
- Children appreciate difference and diversity