



Statement of Intent – PE

Purpose – Why is this subject important?

- Children are encouraged to be confident, determined and creative.
- PE develops a wide range of key skills including problem solving, communication, cooperation, perseverance, respect and leadership.
- It allows personal development, including confidence, self-motivation, independence, resilience and empathy.
- Children develop a critical understanding of the impact, and opportunities, of PE and fitness on daily life. Children learn the importance of fitness for their lifelong well-being and the confidence that PE offers for their physical development, mobility, balance, team work, honesty and integrity.
- PE creates physically confident, determined and creative citizens who are aware of the importance of sports and fitness for their well-being and social confidence, which they can take into their future lives as adults making essential contribution to the well-being of the nation.

Principles – What are the distinctive ways of knowing, working and learning in this subject?

- PE provides opportunities to develop their own capabilities and skills including physical, emotional, leadership and confidence which can be applied across a range of sports.
- Children are taught skills from planning, performance, choreography, balance, control, fluency, decision making to physical aspects of PE such as; hand-eye coordination, striking and fielding and dribbling with a ball.
- Children learn about a range of sports and activities providing opportunities so that each of them can make personal choices.
- Children are given opportunities to work independently and collaboratively in team games, dance, gymnastics, track and field, OAA and teambuilding exercises.
- It provides opportunities for them to reflect and evaluate their own and others performances; providing opportunities to critique others' performances in a supportive, empathic, positive and effective manner.

Expectations – What does success look like?

- Children enjoy and achieve in PE
- Children have the knowledge, skills and ability to be able to engage in all aspects of PE enabling them opportunities to perform, participate, contribute and lead.
- There is an appreciation that PE is more than playing a sport, it requires the nurturing, practice and acquisition of necessary skills for them to achieve their true potential.
- All learners, at all levels are challenged – continually developing and improving.
- Children plan, lead and contribute to team games, performance and problem solving within different contexts. They consider the impact of teamwork, collaboration, respect, empathy and determination and kindness on their own and others wants, needs and values.
- Children are able to reflect upon and appreciate their own and others performance when given opportunities to discuss, plan and refine,

